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Below is a comprehensive subject list of what is covered on the 2-day First Aid Training Course. Should you wish to cover any other topics not included below, please contact us. Topics may be added or excluded to suit your needs.

Course Duration : 12 hrs (Normally over 2 days) Certification: 2-day First Aid Training Certificate  
Although there are no pre-requisites for this course, it may be beneficial if candidates have attended either a 1-day Appointed Person Course or Half Day Basic First Aid Course prior to attending

### Day One.

- ◆ As per the 1-Day Appointed Person First Aid Course.
- ◆ Topics covered such as Airway issues, breathing and circulation problems, Dealing with Unconsciousness, First Aid Kits, managing wounds and bleeding & a summary of various common illnesses.

### Day Two.

- ◆ Brief Re-cap of Day 1
- ◆ Understanding the differences in age ranges between Adults, Children, Babies and Neonates

#### **Paediatric CPR**

- ◆ Opening and maintaining the Airway
- ◆ Causes of blocked airway and gaining a patent airway.
- ◆ Recognising absent breathing and providing rescue breaths to paediatric patients.
- ◆ Recognising absence of circulation.
- ◆ Provision of Cardio Pulmonary Circulation on paediatric patients.

### **Illnesses to both Adults and Children**

- ◆ Recognising diabetic patients
- ◆ Treatment of diabetic emergencies
- ◆ Recognising epileptic emergencies
- ◆ Treatment of epileptic emergencies
- ◆ Treating faints
- ◆ Understanding Heart Attacks
- ◆ Treatment of acute heart conditions
- ◆ Treatment of anaphylaxis
- ◆ Treatment for burns
- ◆ Recognising & treating asthma
- ◆ Recognising Meningitis and Meningitis Septicaemia.
- ◆ Treatment of Meningitis.
- ◆ Recognition and causes of Febrile Convulsions.
- ◆ Treatment of Febrile Convulsions
- ◆ Treatment of Child choking
- ◆ Recognising Laryngotracheitis (Croup)
- ◆ Understanding the importance of how children's conditions can worsen more quickly than Adults

### **Open Session**

Dependant on time-frames, an opportunity will be made available at the conclusion of the second day for course delegates to revisit any subjects they feel is required, and to ask any questions that may not have been covered on during the course. Sessions may be moved between both days